USING COERCION **AND THREATS**

Making and/or carrying out threats to do something to hurt her · threatening to leave her, to commit suicide, to report her to welfare • making

> her drop charges · making her do illegal things

ABUSE Preventing her from getting or keeping a job • making her ask

USING

ECONOMIC

for money • giving her an allowance • taking her money • not letting her know about or have access to family income

USING INTIMIDATION

SETUAL Making her afraid by using looks, actions, gestures

- · smashing things · destroying her property • abusing pets
- · displaying weapons

USING EMOTIONAL ABUSE

Putting her down • calling her names • making her think she's crazy • playing mind games • humiliating her

- · making her feel bad about herself
- making her feel guilty

AND

POWER

CONTROL

USING MALE PRIVILEGE

Treating her like a servant • making all the big decisions • acting like the "master of the castle" • being the one to define men's and women's roles

USING CHILDREN

Making her feel guilty about the children • using the children to relay messages •using visitation to harass her · threatening to take the children away PHYSICAL

USING ISOLATION

Controlling what she does, who she sees and talks to, what she reads, where she goes • limiting her outside involvement • using MINIMIZING, jealousy to justify actions

DENYING. AND BLAMING

Making light of the abuse and not taking her concerns about it seriously • saying the abuse didn't happen • shifting responsibility for abusive behavior · saying she caused it

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Provided by:



UNITED AGAINST VIOLENCE

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